



Jif® Natural PB&J Smoothie with Banana

Servings: 64 oz; approximately 21 – 3 oz servings

Ingredients

1 – 32 oz container Plain Green Yogurt (Chobani)
12 pumps (4 1/2 oz) Jif® Natural Peanut Butter Sauce
1 cup (8 1/2 oz) Smuckers® Natural Squeeze™ Strawberry Fruit Spread
4 each (16 oz) frozen banana slices
2 cups (9 oz) small ice cubes

Directions

1. Combine all ingredients in blender container. Blend on high speed for 30–40 seconds. Scrape down sides of blender container with a rubber spatula and blend on high speed for an additional 20–30 seconds.
2. Garnish with whipped topping and Strawberry Topping.